

SMALL GROUP LESSON PLAN



Teaching The Bible Through Practical Biblical Teaching

- **Greeting/Opening Prayer/Food & Friendship**
- **Icebreaker** ~ What is your favorite dish to cook?
- **Testimonies/Good news/What are you thankful for?**
- **WOF's Purpose:**
 - 1) We teach and educate - exercising believer's rights through practical application
 - 2) We are a holistic church- development of spirit, soul, and body
 - 3) We are a mission's church - serving both domestic and international
- **Short review of what was preached at service on Sunday**
- **Facilitation of Lesson**

(Facilitator Notes)

Guard Your Heart

Guard is defined as to protect something; to prevent from escaping; to control passage through place; or put protective cover on something **Heart:** the spirit, central part; the distinctive, significant and characteristic center (Encarta Dictionary). With all the distractions in the world, we may find ourselves giving more attention to the things and voices that are contrary to the will of God than the promises of God. Therefore, daily, we must guard (keep & watch) the Word of God that has been deposited into our hearts (through preaching, teaching & personal meditation). Remember these key principles to adhere to in order to effectively **guard your heart** against lusts, temptations and sin: **Cleanse our hearts, be consistent, be committed, stay connected, communicate, and concentrate.**

READ: Proverbs 4:23-27, Psalm 51:10-12 NLT, Cleanse our hearts...be consistent. Because everything that we say and do starts or begins in our hearts.

1. What steps have you taken to keep your heart guarded against evils (lusts, temptations and sin)?
2. How does your thinking effect your heart? What about feelings?

READ: Psalm 119:11-16, Matthew 11: 28-30 NLT We guard our hearts by making the commitment to stay connected to the Word of God.

3. When is the best time of the day for you to have personal devotional time with the Lord?
4. Your biggest barrier to keeping your concentration is _____?
5. Describe how you remove this barrier.

- **Time of Decision** (Everyone Bow Your Heads)

1) Receive Jesus as your Lord and Savior:*Some may have never received Jesus.*You may be a good person, giveto the poor, and serve in the community. *Has there been a day where you confessed Jesus and Lord?

(Read Romans 10:9) If need to make this decision, raise your hand:

What to do next: Have them repeat after you: "I believe that Jesus is the son of God. I believe he died for me bearing my sins for me.I believe he rose from the dead and is alive right now. Dear Lord Jesus, come into my life now! Come into my heart now! I believe in my heart, and say with my mouth that Jesus Christ is my personal Lord as Savior. And I am, right now, born again."

2) Rededicate your life:*Is your life a mess? *Are you struggling right now? *You know something is just off in life? **{Read 1 John 1:9}** If you want to be restored with God, raise your hand:

What to do next: Lead the person in the following prayer, allowing them to repent before God for the area they have sinned: "Father, I come before you in the Name of Jesus asking for forgiveness ... (allow the person to personally speak to God about the specific thing they are repenting for). After they are finished, close out the prayer with them, thanking God for forgiveness and restoration."

- **Time of Prayer**
- **Your Circle: (Family, Friends and those you have influence with) How's it going?**
- **Announcements-Next WOF service and any additional announcements**
- **Dismissal**

Prayer focus: 1) Your Circle (friends and family) 2) Small Group members 3) Word of Faith Leadership
Have you reached out to your circle today?