

## SMALL GROUP LESSON PLAN

### Teaching The Bible Through Practical Biblical Teaching



- **Greeting/Opening Prayer/Food & Friendship**
- **Icebreaker:** If you were free to have one wish granted, what would you wish for?
- **Testimonies/Good news/What are you thankful for?**
- **WOF's Purpose:**
  - 1) We teach and educate - exercising believer's rights through practical application
  - 2) We are a holistic church- development of spirit, soul, and body
- We are a mission's church - serving both domestic and international
- **Short review of what was preached at service on Sunday**
- **Facilitation of Lesson**

**Attendee**

#### **FREEDOM SERIES 10 - VICTORY WITH YOUR HEART**

During our last lesson, we discussed obtaining victory in our minds. The last and most important defense perimeter in the battle plan for defeating an addiction and sin is obtaining victory in our heart. *The Bible* instructs us to keep our hearts with all diligence for out of the heart are the issues of life. (Proverbs 4:23). Therefore, total freedom and staying free from addiction and sin is a matter of the heart. It's time for a heart check.

**Read Mark 7:20-23; Matthew 12:34-35** –Both good and bad thoughts end up in the heart.

1. Where do most of our thoughts come from and how can we change the way we think?

**Read Exodus 4:14; Matthew 11:29** –Emotional characteristics flow from the heart.

2. Describe the emotions you feel concerning your area of struggle.
3. What can you do to begin to control your emotions?

**Read Exodus 4:21; 2 Chronicles 6:7** –Decisions in the heart can be very powerful.

4. What heart decision must you make to win this battle over addiction and sin?

- **Time of Decision**
- **Time of Prayer**
- **Your Circle: (Family, Friends and those you have influence with) How's it going?**
- **Announcements-Next WOF service and any additional announcements**
- **Dismissal**

**Prayer focus:** 1) Your Circle (friends and family) 2) Small Group members 3) Word of Faith Leadership  
**Have you reached out to your circle today?**