



SMALL GROUP LESSON PLAN

Teaching The Bible Through Practical Biblical Teaching

- **Greeting/Opening Prayer/Food & Friendship**
- **Icebreaker** ~ What is your favorite dish to cook?
- **Testimonies/Good news/What are you thankful for?**
- **WOF's Purpose:**
 - 1) We teach and educate - exercising believer's rights through practical application
 - 2) We are a holistic church- development of spirit, soul, and body
 - 3) We are a mission's church - serving both domestic and international
- **Short review of what was preached at service on Sunday**
- **Facilitation of Lesson**

Attendee

Guard Your Heart

Guard is defined as to protect something; to prevent from escaping; to control passage through place; or put protective cover on something **Heart:** *the spirit, central part; the distinctive, significant and characteristic center (Encarta Dictionary).* With all the distractions in the world, we may find ourselves giving more attention to the things and voices that are contrary to the will of God than the promises of God. Therefore, daily, we must guard (keep & watch) the Word of God that has been deposited into our hearts (through preaching, teaching & personal meditation). Remember these key principles to adhere to in order to effectively **guard your heart** against lusts, temptations and sin: **Cleanse our hearts, Be consistent, be committed, stay connected, communicate, and concentrate.**

READ: Proverbs 4:23-27, Psalm 51:10-12 NLT, Cleanse our hearts..be consistent. Because everything that we say and do starts or begins in our hearts.

1. What steps have you taken to keep your heart guarded against evils (lusts, temptations and sin)?
2. How does your thinking effect your heart? What about feelings?

READ: Psalm 119:11-16, Matthew 11: 28-30 NLT We guard our hearts by making the commitment to stay connected to the Word of God.

1. When is the best time of the day for you to have personal devotional time with the Lord?
2. Your biggest barrier to keeping your concentration is _____?
3. Describe how you remove this barrier.

- **Time of Prayer**
- **Your Circle: (Family, Friends and those you have influence with) How's itgoing?**
- **Announcements-Next WOF service and any additionalannouncements**
- **Dismissal**

Prayer focus: 1) Your Circle (friends and family) 2) Small Group members 3) Word of Faith Leadership
Have you reached out to your circle today?