



SMALL GROUP LESSON PLAN

Teaching The Bible Through Practical Biblical Teaching

- **Greeting/Opening Prayer/Food & Friendship**
- **Icebreaker** ~ What is your favorite ingredient to put on a sandwich?
- **Testimonies/Good news/What are you thankful for?**
- **WOF's Purpose:**
 - 1) We teach and educate - exercising believer's rights through practical application
 - 2) We are a holistic church- development of spirit, soul, and body
 - 3) We are a mission's church - serving both domestic and international
- **Short review of what was preached at service on Sunday**
- **Facilitation of Lesson**

Attendee

God's Recipe for Healing -

Lesson 1: "Spiritual Checkup"

God wants us healed in our Spirit, soul and body. Spiritual, mental and emotional issues can manifest in our bodies as physical illnesses. Stress caused by sin, unforgiveness and not practicing our love walk can lead to an ill spirit. A careful examination of our spirit on a regular basis is just as important as a physical checkup.

READ: Proverbs 28:13 NLT, 1John 1:8-10 NLT. Sin causes spiritual weakness, separating us from the father. Confessing our sins and asking for forgiveness will free us from heavy spiritual burdens.

1. Share a time that you felt separated from God. How did you find peace?

READ: Matthew 6:14-15 NLT, Luke 17: 1-4 NLT. Unforgiveness is poison to our spirit. God wants us to follow in His steps and walk the road of forgiveness that leads to blessings.

2. What characteristics in your life might indicate that you haven't fully forgiven past hurts? Hint: anger, fear, stress, illness, broken relationships. What steps will you take to resolve it? How do you show others that you have forgiven them?

READ: Ephesians 5:1-2 NLT, 1Corinthians 13:4-AMP The test of walking in love is not something we pass one time and never have to experience again, it is a walk that we must continually practice. Walking in love opens the gate to God's peace, eliminating stressful situations.

3. Share a time when walking in love saved you from a stressful situation.
4. What steps can you take to Improve your love walk?.

- **Time of Prayer**
- **Your Circle: (Family, Friends and those you have influence with) How's it going?**
- **Announcements-Next WOF service and any additional announcements**
- **Dismissal**

Prayer focus: 1) Your Circle (friends and family) 2) Small Group members 3) Word of Faith Leadership
Have you reached out to your circle today?

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