

**Kidz World's
Church at Home
BRAVE!: God Helps Me Do Hard Things**

FUN TIME: 'Tongue Twisters' (All ages)

Today, we will meet a woman in the Bible who had to do something difficult. First, we will do something that may be difficult for you – tongue twisters 😊.

Tongue twisters are phrases or sentences that are tricky to say because they all start with the same letter or sound. It gets even trickier when you try to say the tongue twister as fast as you can.

- Here's an example: **She sells seashells by the seashore.** Let's practice it together.
- Here are some more. **Let's see who can say them the fastest and correctly?**
 - If a dog chews shoes, whose shoes does he choose?
 - These thousand tricky tongue twisters trip thrillingly off the tongue.
 - Betty Botter bought some butter but she said the butter's bitter
 - How can a clam cram in a clean cream can?
 - How much wood would a woodchuck chuck if a woodchuck could chuck wood? He would chuck, he would, as much as he could, and chuck as much wood.
 - Peter Piper picked a peck of pickled peppers / A peck of pickled peppers Peter Piper picked / If Peter Piper picked a peck of pickled peppers/ Where's the peck of pickled peppers Peter Piper picked?

BIBLE TIME: That was funny, but it was hard too. We all know that sometimes we face hard things. Things that are not funny at all. Today, we are going to learn about a woman who had to face something extremely hard. But she overcame that difficult situation to help her people. Hopefully, through her story, you'll discover how God can use you to overcome difficulty, too.

Familiarize yourself with the passages of Scripture below. Use them and the questions below to discuss this with your children. ***For toddlers and preschoolers, simply share the answers to these questions with them as you summarize the Bible story. Keep it short and sweet for them 😊.***

1. **Summarize Esther 2 & 4. For elementary children, ask the question and then find the answers in the Scriptures together.**
2. How did King Xerxes go about choosing a new wife?
3. What made Esther stand out from the other girls?
4. What secret was Esther keeping from the King?
5. What caused Mordecai to be so sad?
6. What difficult thing did Mordecai ask Esther to do?

REAL TIME: Read Phlippians 4:13 (KJV). Esther was faced with a very difficult decision. It was against the law for her to go to the king without being called for. She could have been destroyed for doing so. But not going to the king would mean many, many more would be destroyed. While you may have never faced something like Esther, kids your age face all kinds of difficult situations. Sometimes, it's easy to walk away, but other times, you might

not be sure what to do. Maybe you had to choose between a friend who wanted you to make a wrong choice and not being friends with them anymore. Maybe you had to choose to be the only one who stood up for something right when no one else did. (*Ask your children to share a difficult situation they have faced. You may need to go first.* 😊)

In today's Bible story, Esther wasn't sure exactly what to do, so she asked Mordecai and all the Jews in Susa to fast – that means to give something up, like food or tv – for three days. People fast so they can pray and hear from God more closely. When we face difficulty, we need to seek God through prayer and His Word. We can also ask those around us to join us in praying. Before you pray, remember Philippians 4:13. God already said you can do whatever is need through Christ. He's the One that gives you the strength, no matter what the problem. Let's pray right now!

PRAYER TIME: *“Heavenly Father, thank You that You already have the answer to this problem. I ask that You show me what to do. I know I can do it with Your help. Thank You for the victory that has already been won for me. In Jesus’ Name, Amen!”*

**“I can do all things through Christ which strengtheneth me.”
Philippians 4:13 (KJV)**